

The Eagle Express Newsletter

August 21, 2019

3785 Olive Highway, Oroville, CA 95966

PHONE: (530) 533-2888

FAX: (530) 533-4155

Punctuality

I will....

Be at the right place at the right time

Plan for unexpected delays

Do my work ahead of time

Make a daily schedule and keep it

Think of the impact on others

Therefore keep watch, because you do not know on what day your Lord will come. Matthew 24:42

What's for Hot Lunch?

Thu: Baked Chicken

Fri: Sausage, Egg & Cheese biscuit

Mon: Spaghetti with Meat

Tue: Nachos

Wed: Pizza (chz, pep. or veggie)



Parking Lot Safety

With the increase of students and families at OCS I think it's beneficial to remind everyone of our parking lot guidelines for the safety and protection of everyone.

Please always use the closest crosswalk.



Yes, it may take you a few seconds longer, but the potential benefit outweighs those few seconds.

Please keep speed to a minimum.

Respect our Safety Patrol. These students have been trained and are trying to follow the rules they have been given from their advisor. It is so disheartening to them to have an adult disregard their instructions.

Please **follow the traffic patterns** established for morning and afternoon pick up. (There is a chart in the back of your Parent/Student Handbook if you need to see the guidelines) Going against the follow of traffic is dangerous for everyone.

If you are picking children up in the church foyer, please exit the end door. **The double doors facing the parking lot are to remain closed and locked at all times for the safety of our students.**

With everyone working together we will have a safe place for all!

Thank you!

Miss Ward

But those who hope in the Lord will renew their strength. They will soar on wings like eagles; They will run and not grow weary, they will walk and not be faint. -- Isaiah 40:31

September 6th

(wear school uniforms)

Picture



DAY



No School

September 2nd

LABOR DAY



School Calendar

8/21 Prayer with PTPF 8am

9/2 No School: Labor Day

9/4 Ice Cream Social 630pm

9/6 Picture Day

9/18 Prayer with PTPF 8am

Next PTPF Meeting: Sept 3rd
6pm in Room 2

Next School Board Meeting:
Aug 22nd @ OCS in the Foyer



Join PTPF on
August 29th
Shaved Ice Social.

We want to introduce ourselves
and get to know you and your families!

6:30 pm

A note from the kitchen.....

It's with great pleasure that I am filling the position vacated by Samantha Hendrick's move to NC in June. I've been a member of Oroville EFC for 38 years, my two children attended OCS years ago, and I have a background in nutrition as well as a great love for cooking. I am retired from 39 years of Dental Hygiene followed by a health coaching certification through the Institute of Integrative Nutrition and several years of personal cheffing.

My goal this year is to minimize the amount of GMO products, MSG and artificial ingredients while still staying within our limited budget. I know we won't be perfect, but I will make as many things as feasible from scratch. I also hope to increase the amount of fresh fruits and a vegetables offered. I am excited about the number of students who purchase our "made-to-order" salads. It's truly a great value and very healthy as well! I can also accommodate special diets such as gluten or dairy-free with a one-day advance notice.

We aren't utilizing student helpers this year due to the lunch time schedule changes, but I would invite any parents who would like a free lunch for their child to volunteer an hour or so, especially on Wednesday, which is homemade pizza day.



You can reach me at:
foodservices@ocseagles.com.

Bon Appetit!
Caroleah Johnson