

The Eagle Express Newsletter

October 12, 2016

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Patience

Waiting without getting upset.

I Will...

Wait my turn.

Not complain when I don't get my way.

Accept what cannot be changed.

Use my time wisely.

Try and try again.

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. (Galatians 5:22-23)

What's for Hot Lunch?

Thu: NO SCHOOL

Fri: NO SCHOOL

Mon: Hot Dogs

Tue: Taquitos

Wed: Grilled Cheese



Lessons From The Geese

“Individual empowerment results from quality honking”

It is essential to remember that teamwork happens inside and out of our daily lives when it is continually nurtured and encouraged.

Geese provide a perfect example of team work and how it can have a profound and powerful effect on any form or personal endeavor. The following five principles practiced in our lives will help us be great team players with our friends, associates, and others we work with daily.

Lesson #1 - The Importance of Achieving Goals: As each goose flaps its wings it creates UPLIFT for the birds that follow. By flying in a “V” formation the whole flock adds 71% extra to the flying range.

Outcome: When we have a sense of community and focus, we create trust and can help each other to achieve our goals.

Lesson #2 – The Importance of Team Work: When a goose falls out of formation it suddenly feels the drag and resistance of flying alone. It quickly moves back to take advantage of the lifting power of the birds in front.

Outcome: If we had as much sense as geese we would stay in formation with those headed where we want to go. We are willing to accept their help and give help to others.

Lesson #3 – Importance of Sharing: When a goose tires of flying up front it drops back into formation and another goose flies to the point position.

Outcome: It pays to take turns doing the hard tasks. We should respect and protect each other's unique arrangement of skills, capabilities, talents, and resources.

Lesson #4 – The Importance of Empathy and Understanding: When a goose gets sick, two geese drop out of formation and follow it down to the ground to help and protect it.

Outcome: If we have as much sense and compassion for one another as geese, we will stand by each other in difficult times, as well as when we are strong.

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OCS Eagles

Isaiah 40:31

But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. -- Isaiah 40:31

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Lesson #5 – **The Importance of Encouragement:** Geese flying in formation “**Honk**” to encourage those up front to keep up with their speed.

Outcome: We need to make sure our honking is encouraging. In groups and teams where there is encouragement, production is much greater.

“Individual empowerment results from quality honking.”

Author Unknown, but great lessons for all,
Dr. Keene

Grandparents' Day Chapel

OCS Students Present
A Very Special Chapel & Gift

November 18, 2016 at 10:30 a.m.

Invite your grandparents to join us as
we celebrate them!

(see purple insert in eagle)

Fall Festival

Don't forget to sign up for the Fall
Festival Dinner (Oct 21 @ 6:00 p.m.)

(see orange insert in eagle)



A Prayer to help us stay connected...

Lord, I know remembering Jesus is more than just thinking about facts I can recite from His life. Remembering is letting His words and actions change the way I live. Continue to teach me through your Word that I can focus on You no matter what the circumstance. Your Word can accomplish anything in my life and in the life of others—so help me to be bold and realize my limitations are nothing compared to the power of Your Word. Keep pushing me along the way. In Jesus' name, amen.

Next PTPF Meeting:
TBA

Next School Board Meeting:
Thurs., Oct. 20, 2016
@ 6:00 pm, Library

SPORTS



Flag Football Schedule:

Game Location: Martin Luther King Jr. Park (MLK) 2921 B Street, Oroville 95966

Date	Time	Away	Home
10/17	5:00 PM	OCS	Stream
10/17	6:15 PM	OCS	Sycamore

Girl's Volleyball Schedule:



Game Locations:

Palermo: 7350 Bulldog Way Palermo, CA 95968

Bangor: 7549 Oroville Bangor Hwy, Oroville, CA 95966

Date	Time	Away	Home	Location
10/20	5:00 PM	Stream 1	OCS	Palermo
10/25	5:00 PM	Manzanita B	OCS	Bangor



Picture Re-Takes

Absent on Picture Day? Don't like your picture? Glare on your glasses? You've got another chance to get it picture perfect.

Friday, October 21 @ 9:30 in the Music Room

(see insert in eagle)

Schedule of Upcoming Events

10/13 & 10/14 NO SCHOOL - Teacher Conferences off-site

10/21 Fall Festival @ 6:00 pm

10/21 Picture Retakes

11/8 HST Meeting @ 6:00 pm (Room 12)

11/10 Veteran's Day Chapel

11/10 NOON DISMISSAL

11/11 NO SCHOOL

11/18 Grandparent's Day Chapel
(10:30 am)

11/18 NOON DISMISSAL

11/21-25 Thanksgiving Break - NO SCHOOL