

The Eagle Express Newsletter

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Punctuality

I will....

Be at the right place at the right time

Plan for unexpected delays

Do my work ahead of time

Make a daily schedule and keep it

Think of the impact on others

Therefore keep watch, because you do not know on what day your Lord will come. Matthew 24:42

Punctuality Defined – part 2

“Being punctual requires self-motivation. There will not always be other people reminding you when you need to be places. You must be aware of how time is passing and act accordingly. Often, the reason a person is late, or does not finish a project by the deadline, is because they told themselves “just one more thing...” or they “lost track of time.” Choosing to be punctual means you recognize when you are wasting time and have the self-control to stop and do what needs to be done.

Being punctual shows other people that you value them and their time. When you arrive on time and are prepared for whatever project you are working on with them, you send a message that not only are you committed to do well, you are aware that their time is valuable. Time is precious. Once a moment is gone, it cannot be brought back again. It is important to respect other’s time and use your own time in the best way possible.” Character First Ed.

Here are some questions you can ask your children regarding punctuality.

Ask them:

- ◆ What does punctuality mean?
- ◆ Why is punctuality important?
- ◆ How does being a punctual person change your day-today schedule/choices?
- ◆ Why is it important to prepare for unexpected delays?
- ◆ Can you think of a time when someone else was not punctual?
- ◆ How did it affect them or you?
- ◆ What was the cost of their lack of preparation and forethought?

What’s for Hot Lunch?

Thu: Breakfast Burrito

Fri: Nachos Ckn or Chz

Mon: No School

Tue: Taco Bell

Wed: Ham, Turkey or PBJ



But those who hope in the Lord will renew their strength. They will soar on wings like eagles; They will run and not grow weary, they will walk and not be faint. -- Isaiah 40:31

