

The Eagle Express Newsletter

March 8, 2017

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Diligence

Focusing my effort on the work at hand.

I Will...

Concentrate on my work.

Follow instructions.

Do a job right.

Finish my projects.

Not be lazy.

You shall diligently keep the commandments of the Lord your God, and his testimonies and his statutes, which he has commanded you. (Deuteronomy 6:17)



RUNNING DEMANDS REDUCING

I have noticed that holidays, teacher lounges, family get-togethers, church potlucks, can be hazardous to your waistline. Amazing that just a year ago, I was a much lighter and fully energetic individual.

Any athlete can tell you that to compete in the race and win the prize you must train

and work-out daily, and have a focus on the goal set before you. Paul told young Timothy in 1 Timothy 4:7b, "Train yourself to be godly."

So, in the spiritual race through life with a cloud of witnesses surrounding us, "we are to lay aside every encumbrance, and the sin which so easily entangles us, and run with endurance the race that is set before us," fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. Hebrews 12:1-2

What's for Hot Lunch?

Thu: Chicken Alfredo

Fri: Pizza

Mon: Corn Dogs

Tue: Grilled Cheese

Wed: Hamburgers

I am working out regularly again now, reducing the intake of high calorie foods, sugars, and burgers, shakes, and fries, and even my favorite ice cream. My goal is to win the prize of reducing back to the desired weight that affords a healthier lifestyle. Satan knows my weaknesses.

I am working daily in my own spiritual life to be practicing self-control in my thoughts, words, and actions. This is beneficial for me and for those who I encounter each day. I want God's best for my life and want to be used b Him to reach people with the Gospel, and then help equip them to be all that God wants them to be, "Disciples for Christ."

The goal of discipline is training that develops self-control, character, and ability. It looks forward to a beneficial result and is very personal, and is a continuous exercise . . . Resulting in our holiness, and fruitful righteousness, Hebrews 12:11

Join me in this race of life, we can all afford to reduce a little!

Dr. Keene



OCS Eagles

Isaiah 40:31

But those who hope in the Lord will renew their strength. They will soar on wings like eagles; They will run and not grow weary, they will walk and not be faint. -- Isaiah 40:31

SPORTS

Girls Basketball



Girls Grades 5-8. OCS and St. Thomas combined team. Season runs Jan 30 to Mar 16.

Practices: Tues 3:30-5:00 @ St. Thomas.
Wed 1:30-3:00 @ OCS.

Coach: Teal Knapp, assisted by Pam Cervantes
Schedule:

Date/Time	Location of Game
3/9 @ 6:00	Sycamore: 1125 Sycamore St., Gridley (Enter back side of campus on Magnolia St.)
3/16 @ 6:00	St. Thomas: 1380 Bird St., Oroville
3/21 @ 5:00	St. Thomas: 1380 Bird St., Oroville
3/23 @ 4:00	Palermo: 7350 Bulldog Way, Palermo

PTPF Events

Friday, March 17 - Talent Show

God blesses our families in more ways than one! Come join us as our students (and their families) share just how God has wired them with their talents, passions, and artistry.



Note regarding Evacuations:

We will not be extending the school year to make up for the days the school was closed due to the evacuations.

The last day of school is still May 31,

Penny Wars

The Month of March.



Spirit Week:

March 6th - 10th

Thursday: Character Day

Friday: Pajama Day

A Prayer to help us stay connected...
Lord, Satan is trying with all his might to divide your house and your people. We pray Lord with all our might that we would not let that happen. That we would remember that a house divided cannot stand. Help us to be the peacemaker in our relationships, friendships, and families, without bending or compromising on the Truth. And Lord, if it must be that there are those who choose to no longer be our friends or in relationship with us, guard us against a bitter heart and remind us to pray for a softening of their heart. In Jesus' name, we pray. Amen.

School Calendar

3/9	Kindergarten Information Night (6:30p)
3/10	Academic Awards Chapel
3/14	HST Meeting (6p in Room 12)
3/17	Talent Show
4/5	Spring Pictures (Music Room)
4/14-4/21	NO SCHOOL - Easter Break

Next PTPF Meeting:
TBA

Next School Board Meeting:
Thurs., Mar. 16
@ 6:00 pm, Library