

The Eagle Express Newsletter

April 18, 2018

3785 Olive Highway, Oroville, CA 95966

PHONE: (530) 533-2888

FAX: (530) 533-4155

Courage

I will....

Know the truth

Get help when I am afraid

Do what is right

Be willing to stand alone

Help those who are bullied or abused

"You, my God, have revealed to your servant that you will build a house for him. So your servant has found courage to pray to you"

(1 Chronicles 17:25)

What's for Hot Lunch?

Thu: Sloppy Joes

Fri: Bacon Mac N Cheese

Mon: Nachos

Tue: Taco Bell Day

Wed: Burgers



Fear Knot



It is so easy to feel afraid. I worry when I watch the news, when I am surrounded by cars on a busy highway, or crowds that ebb and flow with no rhyme or reason. At times like these I can feel knots of fear taking hold of my heart and destroying my peace. I often feel fear knowing that I am not in control of my surroundings, or the safety of those I love.

Lately I am feeling fearful thinking of sending my first born child across the country by himself, for the first time, on a field trip with his class. I worry that he may be afraid, or get hurt and I will not be there to fix it or to comfort him. I could easily be tied up in knots of fear just contemplating all the things that could go wrong while he is so far away.

I'm reminded of the cartoon *Finding Nemo*, where the father (a clown fish named Marlin) is talking to his new friend Dory. Here's how their conversation goes:

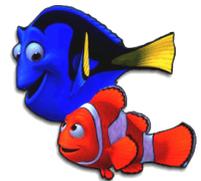
Marlin: I promised I'd never let anything happen to him.

Dory: Hmmm. That's a funny thing to promise

Marlin: What?

Dory: Well, you can't never let anything happen to him. Then nothing would ever happen to him. Not much fun for little Harpo.

And, as often happens in a parents mind, I go full circle and think about our own Father in heaven and how he must feel giving us freedom to make choices, to make mistakes, for things to "happen to us." As I contemplate that, the knots begin to loosen and the fear fades away. I remember that He, *my Father*, is always with me. My son will not be "alone" on this journey. More than those people he will be surrounded by, his friends and their parents, his amazing teacher, his watchful principal, *he will be surrounded by the Holy Spirit and His powerful angels*. I remember that this is a great opportunity for him--that he will have fun seeing new things and learning about our country's history. I remember that while he is away, I will not be alone, the same Holy Spirit will be with me, just waiting for me to call upon Him, to exchange my fear for peace.



~So...I will trade my "fear knot, for a fear not."



~Mrs. Kroll

But those who hope in the Lord will renew their strength. They will soar on wings like eagles; They will run and not grow weary, they will walk and not be faint. -- Isaiah 40:31

OCS HAS GOT TALENT

Thank you to all who participated in the 2018 Talent Show!

Welcome to

OPEN HOUSE

Join us Thursday, May 10th
5:30-7:00 to see what the kids have accomplished this school year!

FIELD DAY
Fun in the sun!

Volunteers Needed!

May 25th

Please sign up in the office to let us know if you would like to help out.

We need all the help we can get!

Terra Nova Testing This Week

Please help your students do their best by making sure they get a good nights rest, have a healthy breakfast and bring "smart snacks" to school during the testing days.

School Calendar

4/13-4/27	Terra Nova Testing
5/10	Open House 5:30- 7:00
5/11	Peter and the Wolf
5/24	Kindergarten Celebration
5/24	Academic Awards Chapel

A Prayer to help us stay connected...
 Help me Father to have an eternal perspective. Help me to see disappointments in light of what Jesus purchased for me at the cross. Help me to seize disappointments as opportunities to draw closer to you and not away from you. Help me to learn from them. Help them to shape me more and more into the image of your Son. Help me to see Jesus in them and to see his love and grace for me. In the name of Jesus I pray, Amen.

<p>Next PTPF Meeting: May 8th 6pm@ Mugshots</p>	<p>Next School Board Meeting: Thurs., May 17th 6pm @ Library</p>
--	---